

Defibrillator Training

Saturday 17th June and Saturday 22nd July

10am – 12pm

Village Hall Committee Room

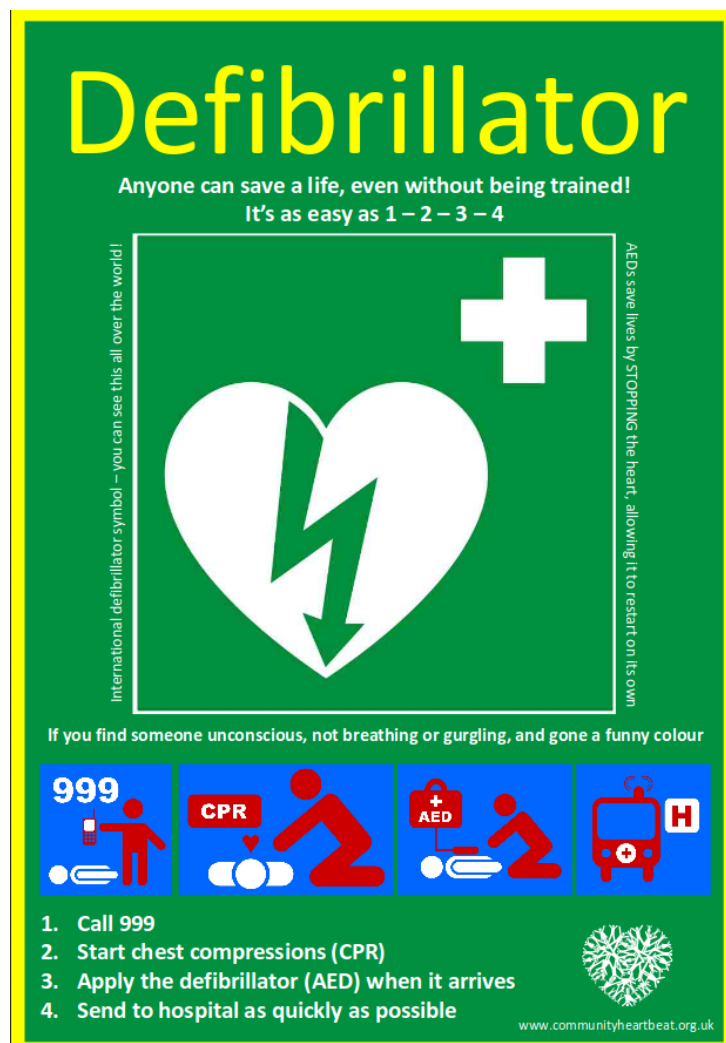
Book your place with Cllr Sue Williams

07732 267121

Or

sue.williams@offham-pc.gov.uk

Defibrillator Awareness Sessions run by Cllr Sue Williams and Kathryn Frankling



Defibrillator

Anyone can save a life, even without being trained!
It's as easy as 1 – 2 – 3 – 4

International defibrillator symbol – you can see this all over the world!

AEDs save lives by STOPPING the heart, allowing it to restart on its own

If you find someone unconscious, not breathing or gurgling, and gone a funny colour

999

CPR

AED

H

1. Call 999
2. Start chest compressions (CPR)
3. Apply the defibrillator (AED) when it arrives
4. Send to hospital as quickly as possible

www.communityheartbeat.org.uk

The poster features a central graphic of a heart with a lightning bolt and a white cross. Below the graphic are four icons: a person calling 999, a person performing CPR, a person using an AED, and an ambulance. The text is in white and yellow on a green background.